

# PRESS KIT

## EURO-MÉTROPOLE DE METZ



Plan d'Eau lake © Sutter Event/Drone Production



Porte des Allemands

Credits: p.1: Sutter Event/Drone Production; p.2: Inspire Metz; p.3: Shigeru Ban Architects Europe and Jean de Gastines Architectes, with Philip Gumuchjian for the design of the competition's winning project/Metz Métropole/Centre Pompidou-Metz/Photo Philippe Gisselbrecht – City of Metz, Inspire Metz; p.5: Inspire Metz; p.11: © Shigeru Ban Architects Europe and Jean de Gastines Architectes, with Philip Gumuchjian for the design of the competition's winning project/Metz Métropole/Centre Pompidou-Metz/Photo Philippe Gisselbrecht – City of Metz/Photo Inspire Metz; p.12: Inspire Metz, 49N6E Frac Lorraine; p.13: Inspire Metz, Cyrille Guir, Sutter Event/Drone Production; p.14 and 15: Inspire Metz; p.16: Inspire Metz, Kévin Clément/Metz Handball; p.17: Sutter Event/Drone Production; p.18: Inspire Metz, Amélie Bargellini – City of Metz; p.19: Inspire Metz; p.20 and p.21: Inspire Metz; p.22: Philippe Gisselbrecht – City of Metz, Studio Hussenot, Christophe Urbain, Inspire Metz; p.23: Inspire Metz; p.24: Studio Hussenot, Inspire Metz; p.25: Inspire Metz; p.26: Inspire Metz, Studio Hussenot, DTMGR\_ InterregVA/Udo Bernhart; p.27: Inspire Metz, Philippe Gisselbrecht – City of Metz; p.28: Inspire Metz, Studio Hussenot; p.29: Inspire Metz; p.30: Inspire Metz; p.31: Inspire Metz; p.33: Inspire Metz; p.35: Inspire Metz. Freepik.



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# CONTENTS

Metz is a veritable open-air museum, recounting 3,000 years of history. Many have fallen in love with this land, which has in turn been French and German, republican, royal or imperial.

Whether you're keen to snap some photos for social media, or simply want to admire and imagine the Celts founding their oppidum on the hill of Sainte-Croix, the medieval guilds of craftsmen working on Place Saint-Louis and in the Outre-Seille district, or the Duke of Belle-Isle building the Opéra-Théâtre, the Euro-Métropole de Metz will not fail to surprise.

# 2026 HIGHLIGHTS

## in the Euro-Métropole de Metz\*

Until 25 January 2027	<b>Endless Sunday.</b> <b>Maurizio Cattelan and the Centre Pompidou collection</b> Centre Pompidou-Metz
Until 11 January 2026	<b>Saint Anne 1503–2025 by Elizabeth Peyton</b> Centre Pompidou-Metz
Until 27 April 2026	<b>Marina Abramović – Looking at Colors</b> Centre Pompidou-Metz
24 January > 31 August	<b>Louise Nevelson – Mrs. N's Palace</b> Centre Pompidou-Metz
3 April > 28 September	<b>François Morellet – 100 pour cent</b> Centre Pompidou-Metz
10 April > 12 April	<b>Le Livre à Metz Festival 'Habiter le monde'</b> Literature and Journalism (Metz Book Festival)
6 May > 6 September	<b>Les Frigos</b>
13 May > 18 May	<b>BellissiMetz</b> Place d'Armes – J.F. Blondel
14 May > 28 May	<b>Passages Transfestival – 'Nouveaux Rivages'</b>
25 June > 5 September	<b>Constellations de Metz International Festival</b>
27 June	<b>La Nuit à la Cité</b> Cité musicale-Metz – Arsenal Jean-Marie Rausch
June > September	<b>The Dancing Fountains</b>
3 July > 14 July	<b>Hop Hop Hop Festival</b> International Outdoor Theatre Festival
4 July > 16 August	<b>Metz Plage</b>
21 August > 30 August	<b>Mirabelle Plum Festival</b> Weekend events
3 September > 6 September	<b>Les Montgolfiades Hot-Air Balloons</b>
4 September > 5 September	<b>Mécleuves Terre de Blues</b>
5 September > 6 September	<b>Water Festival</b>

**25 September > 5 October**

**Metz International Fair**

**9 October > 11 October**

**Gardens and Flavours Festival**  
The Laquenexy Fruit Gardens

**31 October 2026 > 12 April 2027**

**Séraphine de Senlis**  
Centre Pompidou-Metz

**13 November 2026 > 18 May 2027**

**Vever Exhibition**  
Museum of La Cour d'Or

**21 November**

**50 years of the Metz Grand Est National Orchestra**  
Cité musicale-Metz – Arsenal Jean-Marie Rausch

**26 November > 30 December**

**Christmas Market and Advent Festivities**

**5 and 6 December**

**Saint Nicholas Festivities**

**5 December 2026 > 30 August 2027**

**Shigeru Ban by Shigeru Ban**  
Centre Pompidou-Metz

Find all the events in the Euro-Métropole de Metz on [tourisme-metz.com](https://www.tourisme-metz.com) or by scanning the QR code.

\* Subject to change



Distillerie d'images, Collectif Alambik

# NEW FOR 2026

## in the Euro-Métropole de Metz\*

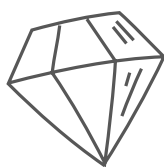
### 10 years of the Constellations de Metz International Festival

A decade has gone by. To celebrate this event as it deserves, we're shining a light on the artworks that have marked this festival over the last ten years. The chance to admire your favourites once more or even discover some treasures you might have missed!



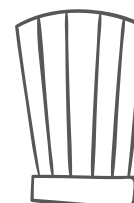
### The Museum of La Cour d'Or dressed up in Vever jewellery

The Museum of La Cour d'Or will present a prestigious exhibition, designed and organised with the support of the Maison Vever and the exceptional help of the Musée d'Orsay and the Paris Museum of Decorative Arts. With nearly 200 works, the exhibition will retrace the history of the Vever jewellery house, born in Metz in 1821 and well known for its Art Nouveau production.



### A new name sets up shop in Metz

In the heart of Metz city centre, Loiseau de Lorraine has slowly been building its little nest on Place de Chambre. The site is set to open in autumn 2026. The future gourmet restaurant will be designed to offer a 50-place dining area, plus a lounge space accessible all day long.



## Claude Goutin exhibition



This autumn, the City of Metz pays tribute to one of its iconic artists at the Porte des Allemands: Claude Goutin – a renowned sculptor who left his mark on 20<sup>th</sup>-century art and two-time winner of the prestigious Prix de Rome, who passed away in 2018. It was during his time at the Villa Médicis, between 1957 and 1960, that Claude Goutin discovered Roman tiles, a material that would become his artistic signature.

This exhibition will also offer the opportunity to reflect on the creative process behind his impressive equestrian statue of General Lafayette, inaugurated in 2004 and commemorating this figure who played a decisive role in the United States' independence, 250 years ago. This temporary exhibition places the emphasis on Franco-American friendship.

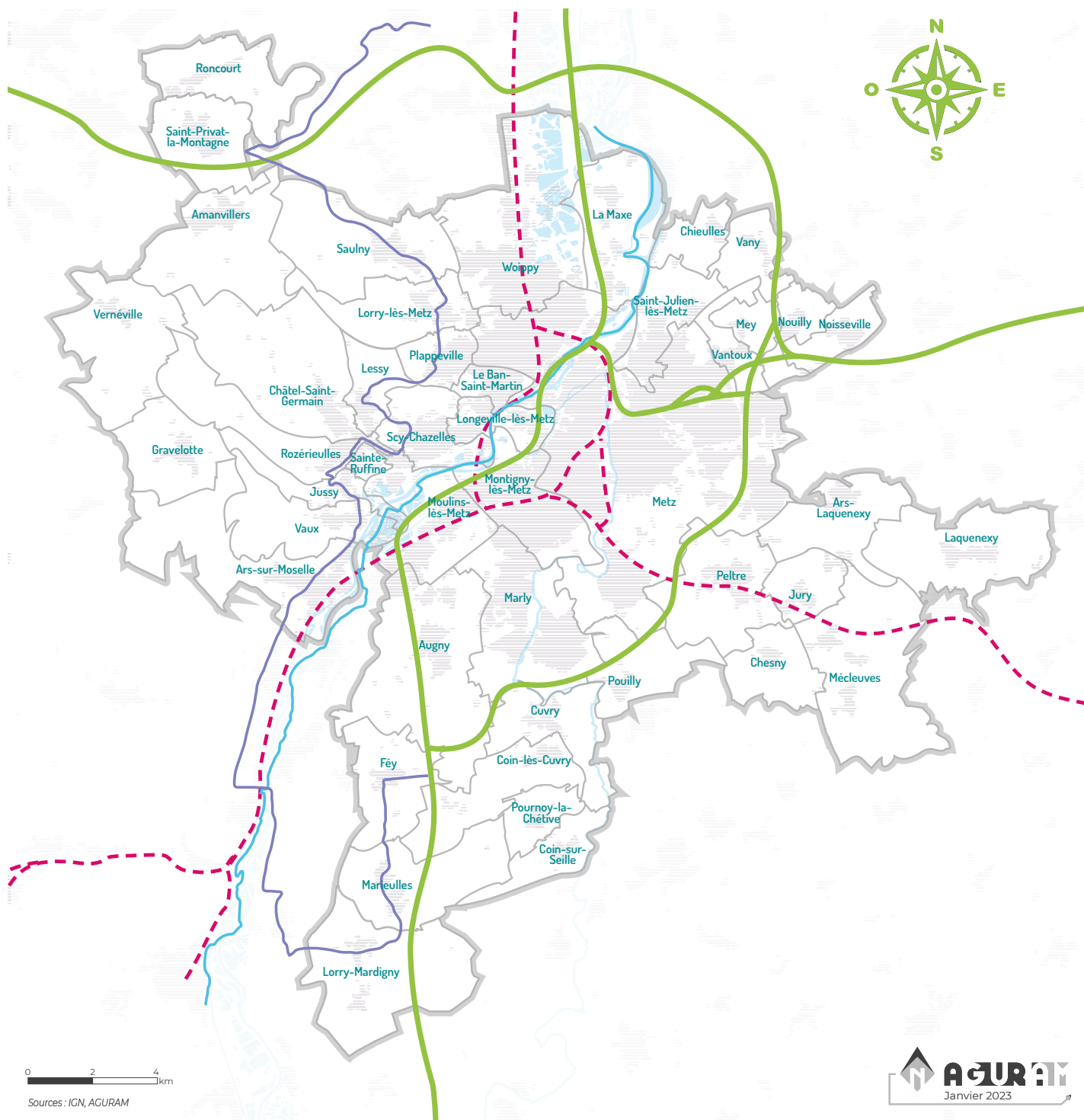
## Opening of the Ibis Styles Metz Centre hotel

The beginning of this year saw the opening of an Ibis Styles hotel, which aims to obtain a three-star rating. Located next to the historic Place Saint-Louis, the 5,000 m<sup>2</sup> former CPAM building has been transformed and renovated to create 86 rooms, a bar space and a car park with electric charge points. Its decoration is inspired by the Metz mascarons (ornaments representing masks). Meanwhile, the hotel will be dressed in a plant-covered façade.

Address: 22 Rue Haute Seille.






# EURO-MÉTROPOLE DE METZ



## Key

-  Motorways
-  Railway lines
-  V50 cycle route
-  Wine Route

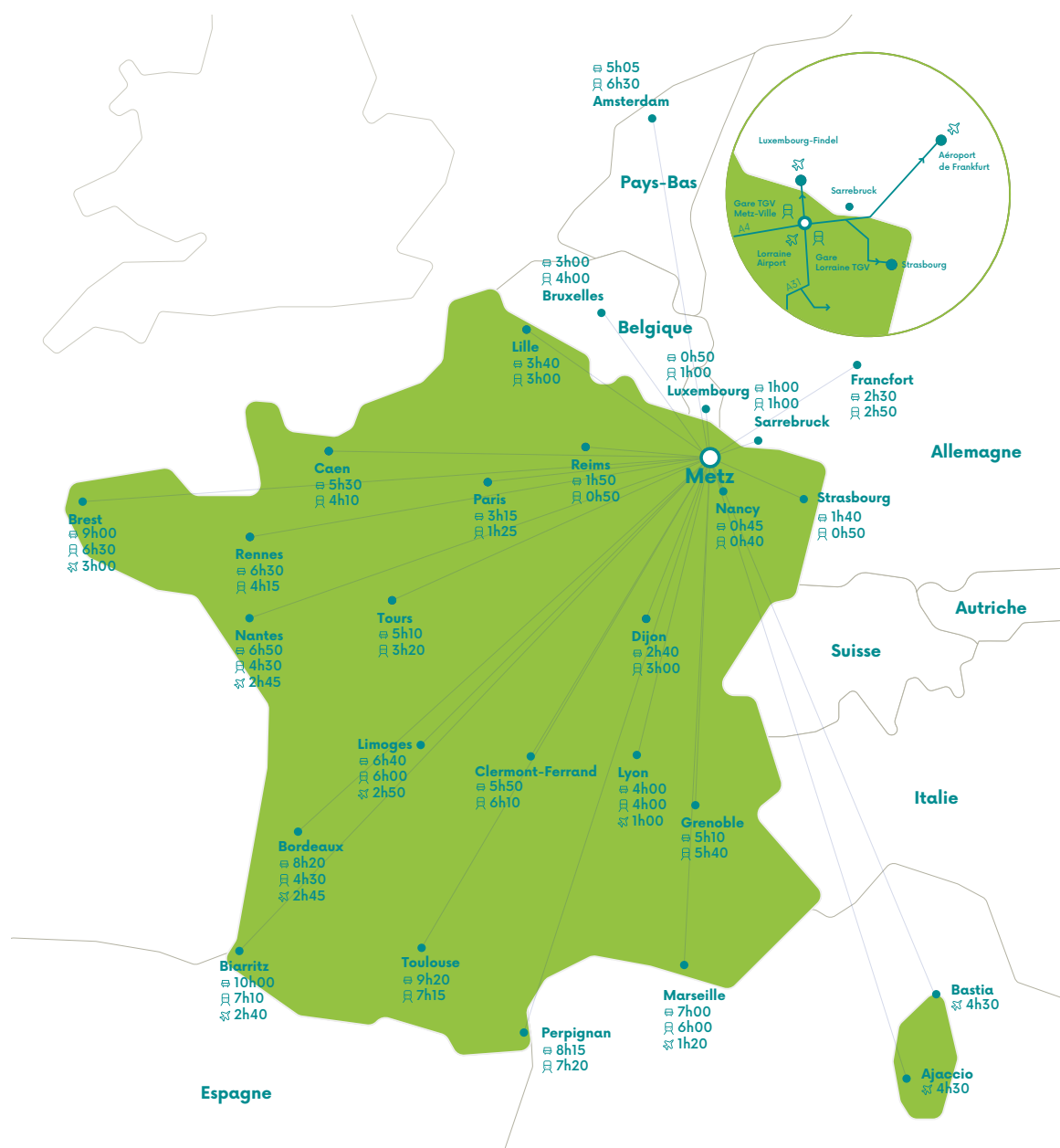
## Key indicators

-  46 municipalities
-  228,000 inhabitants
-  312.8 km<sup>2</sup>

# LIGHTS OF EUROPE

Located in the Grand Est region, the Euro-Métropole de Metz is European by essence. Just 50 minutes from Luxembourg and 1 hour from Germany, 3 hours from Brussels and only 85 minutes from Paris – all roads lead to Metz! Whether you're travelling by car (via the A4 or the A31), by train (arriving at Metz Ville

station or Lorraine TGV station), or by boat (via the Canal de l'Est, the Moselle or the Sarre), Metz is a must. By air, in addition to Lorraine Airport, check out the flight connections to Luxembourg Airport (a 45-minute drive away) and Saarbrücken Airport (1 hour away).



# EXPLORE

The Centre Pompidou-Metz's **2026 season** has been developed around four major figures of modern and contemporary art: **Louise Nevelson, François Morellet, Séraphine de Senlis and Shigeru Ban**. On the theme of **four different ways of 'inhabiting' the world – assembling, illuminating, enchanting and sheltering** – this programme of events offers a profound reflection on structure, light, nature and humanism.

Alongside these major retrospectives, the institution unveils its flagship exhibition **Endless Sunday. Maurizio Cattelan and the Centre Pompidou collection**, orchestrated by the Museum's scheduling team within the context of the Parisian site's metamorphosis.

The Centre Pompidou-Metz also aims to reinforce the interactive nature of its programme through a **series of projects imagined by the artist Marina Abramović**, while consolidating its commitment to teaching and culture with its **unprecedented Centre Pompidou-Metz School project**, bringing together a number of schoolchildren from the Euro-Métropole de Metz. As a result, the museum reaffirms its position as a social hub and a multidisciplinary place for dialogue and passing on knowledge in the heart of the Grand Est region.

## The Four Great Retrospectives of 2026

This season is structured around a series of major monographs, each exploring a specific means of artistic creation.

### ● Louise Nevelson: Mrs. N's Palace until 31 August 2026

50 years after her last exhibition in France, this retrospective pays tribute to the Ukrainian-born American sculptor. The exhibition focuses on her monumental and monochromatic assemblies (black, white and golden), using urban waste to create 'architectures of shadow and light'. After Metz, the exhibition will be presented at the Soulages Museum in Rodez.

### ● François Morellet: 100 pour cent, from 3 April to 28 September 2026

Celebrating the 100th anniversary of his birth (1926–2016), this exhibition is the largest ever dedicated to the artist. It brings together 100 works, illustrating seven decades of creation.

The exhibition explores the tension between geometric rigour (influenced by Max Bill and the Alhambra) and the jubilation of chance or irony. It kicks off the national '100 x Morellet' programme initiated by the Centre Pompidou, including symposia and a range of activities in the public space.

### ● Séraphine de Senlis: from 31 October 2026 to 12 April 2027

The first major monograph dedicated to this visionary, self-taught artist. Her paintings of flowers and fruits, with their hypnotic densities, have been reinterpreted in light of eco-feminism and the

modern ecological emergency. By analysing the materiality of her works, a unique process of creation emerges based on the gleaning of natural materials, mixed with her pigments.

### ● Shigeru Ban by Shigeru Ban: from 5 December 2026 to 30 August 2027

The architect behind the Centre Pompidou-Metz's design presents his own exhibition. This project presents a humanist and eco-friendly architecture, using recycled materials (cardboard, bamboo, wood).

The exhibition underlines his commitment to disaster victims through his emergency architecture, alongside his influences – combining technical innovation and spatial poetry.

## Centre Pompidou-Metz

You'll be amazed by the unusual architecture of the Centre Pompidou-Metz, with its hexagonal roof resembling the wickerwork of a Chinese hat, lit up from within after dark. The building itself is a work of art!

This exceptional space allowing visitors to discover modern and contemporary artistic creation offers up some unique moments of contemplation and exploration faced with real masterpieces in the history of art.

 [centrepompidou-metz.fr](http://centrepompidou-metz.fr)

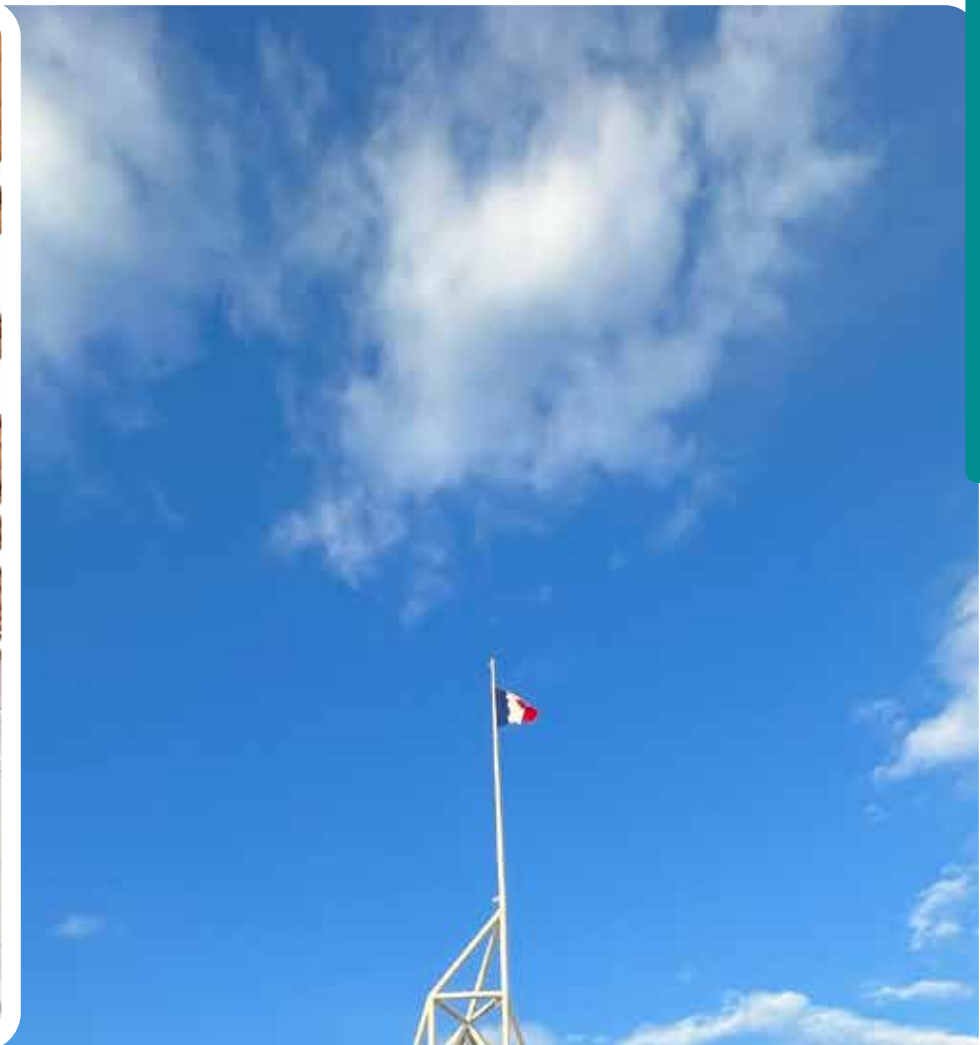


François Morellet, \*Du jaune au violet\*, 1956  
Oil on canvas, 110.3 x 215.8 cm  
Paris, Centre Pompidou, National Museum of Modern Art  
© Adagp, Paris, 2025/Photo: © Centre Pompidou, MNAM-CCI/Georges Meguerditchian/Dist. GrandPalaisRmn





© Philippe Gisselbrecht – City of Metz



### Discover the Centre Pompidou-Metz programme

Shigeru Ban Architects Europe and Jean de Gastines Architectes, with Philip Gumuchdjian for the design of the competition's winning project/Metz Métropole/Centre Pompidou-Metz/Photo Inspire Metz



Centre Pompidou-Metz



Metz Saint-Étienne Cathedral

## Metz Saint-Étienne Cathedral

Just a few steps separate the great nave of the Centre Pompidou-Metz from one of the highest in France (42 m) ... The **Saint-Étienne Cathedral** – a prodigy of radiant and flamboyant Gothic architecture – presents **6,500 m<sup>2</sup> of stained-glass windows, the largest surface in medieval Europe**. Master glassmakers from the 13<sup>th</sup> to the 21<sup>st</sup> centuries contributed to this enormous work. Meanwhile, gargoyles, grotesques and bas-reliefs all whisper their secrets ...

## Museum of La Cour d'Or and the FRAC

Climb up the **Sainte-Croix hill** to visit the **Museum of La Cour d'Or – Euro-Métropole de Metz** and its maze of dark corridors leading to an altar dedicated to Mithras, master of the winds and friend of the sun, a Merovingian chancel or magnificent and unique medieval painted ceilings. In a new space at the Museum, the Biodiversity Pavilion presents no less than 400 specimens. It's the perfect place to teach, raise awareness and encourage the protection of biodiversity. These collections haven't been seen since 1976!

Continue into the oldest civil building in the city, a fine residence in which Emperor Charles V was once welcomed and which is now home to the **49 Nord 6 Est – Frac Lorraine** (Regional Contemporary-Art Collection): a contemporary-art space that highlights diversity through a free and varied programme (exhibitions, events and activities for young people).

🌐 [musee.eurometropolemetz.eu](http://musee.eurometropolemetz.eu)

🌐 [fraclorraine.org](http://fraclorraine.org)



Biodiversity Pavilion –  
Museum of La Cour d'Or



49 Nord 6 Est – FRAC Lorraine

## Place Saint-Louis and the Outre-Seille district

Head back down to **Place Saint-Louis**, where the money-changers worked on stone benches during the time of the Metz Republic, and into the **Outre-Seille district**, with its medieval charm, to take in **Cocteau's stained-glass windows in the Saint-Maximin Church** or visit the **Porte des Allemands** – a small fortified castle spanning the **Seille**, where you'll see traces of former battles, as well as admiring exhibitions and artistic performances.



## Discovering the riches of the towns of the Euro-Métropole de Metz

In the Euro-Métropole de Metz, don't miss the **House of Robert Schuman**, Father of Europe, in Scy-Chazelles; the **Museum of the War of 1870 and the Annexation**, open on the very site of the fierce combat that gave rise to the local expression 'it's coming down like at Gravelotte'; or the **Château de Courcelles** in Montigny-lès-Metz, built in the 18<sup>th</sup> century and now an exhibition space which celebrated its 20th year open to the public in 2025.

You'll probably be wondering about this **ancient aqueduct** on the banks of the Moselle (at Ars-sur-Moselle): it carried spring water to Metz and dates back to the 2<sup>nd</sup> century!

[mosellepassion.fr](https://www.mosellepassion.fr)



Aqueduct – Ars-sur-Moselle



Château de Courcelles – Montigny-lès-Metz



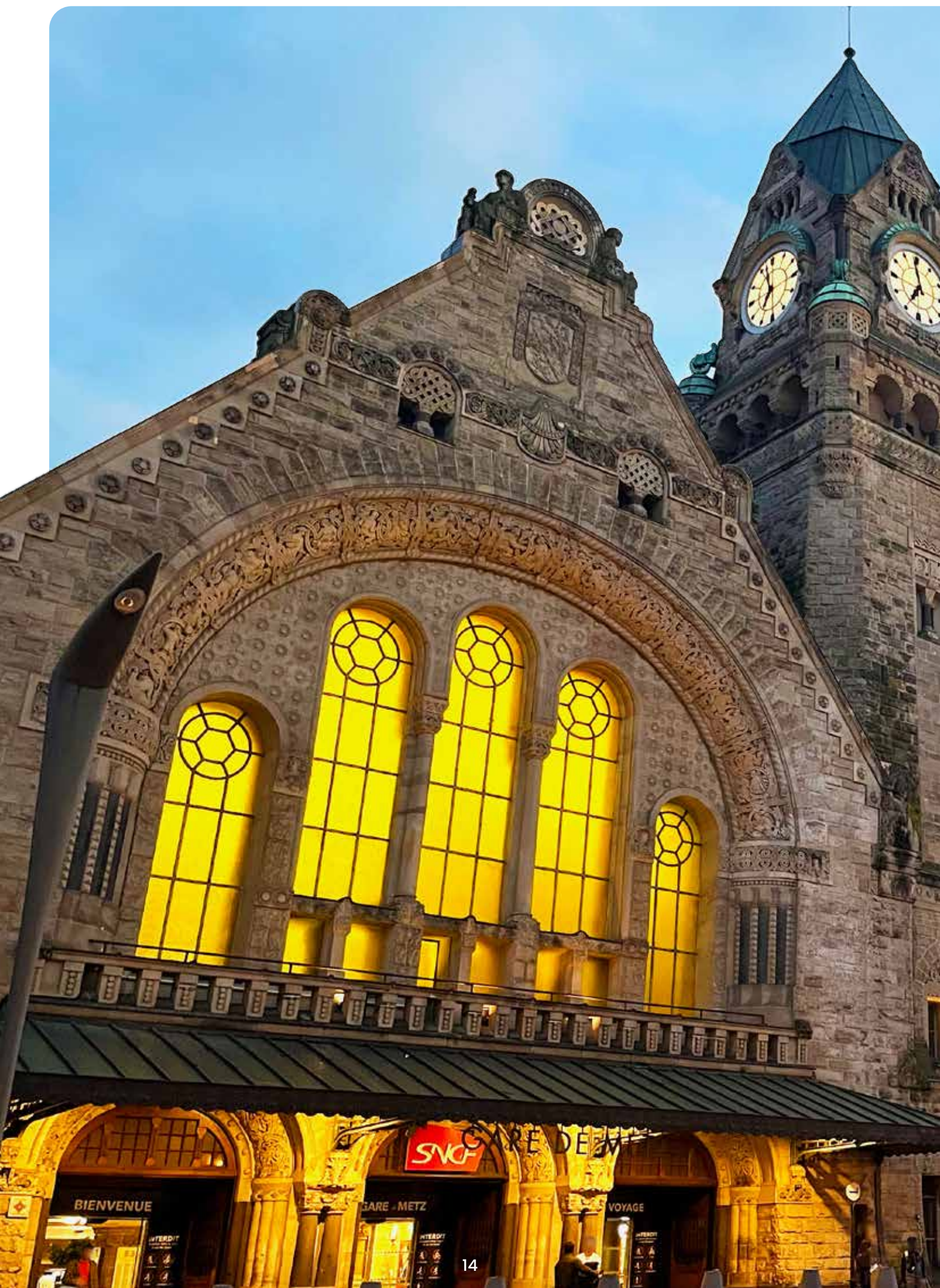
House of Robert Schuman – Scy-Chazelles



Museum of the War of 1870 and the Annexation – Gravelotte



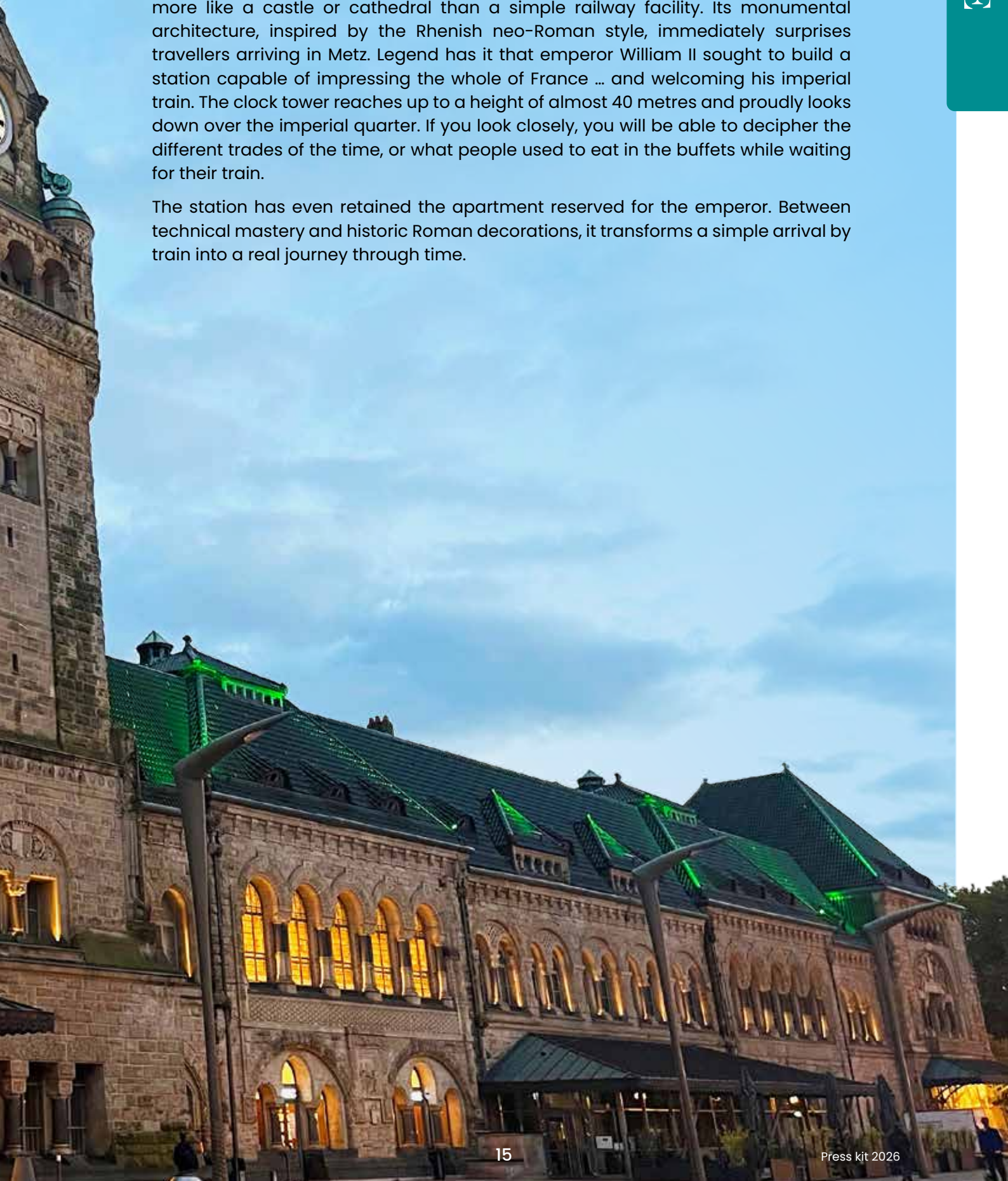
Place Saint-Louis



## IN METZ, THE DISCOVERY STARTS ON THE PLATFORM!

And how could we forget to mention the majestic station, voted France's most beautiful train station by internet users and packed full of symbols and anecdotes! Built between 1905 and 1908 during the German occupation, the train station looks more like a castle or cathedral than a simple railway facility. Its monumental architecture, inspired by the Rhenish neo-Roman style, immediately surprises travellers arriving in Metz. Legend has it that emperor William II sought to build a station capable of impressing the whole of France ... and welcoming his imperial train. The clock tower reaches up to a height of almost 40 metres and proudly looks down over the imperial quarter. If you look closely, you will be able to decipher the different trades of the time, or what people used to eat in the buffets while waiting for their train.

The station has even retained the apartment reserved for the emperor. Between technical mastery and historic Roman decorations, it transforms a simple arrival by train into a real journey through time.



# VIBE



Stade Saint-Symphorien



Metz Handball



Kayaking

In summer and winter alike, there are a thousand and one ways to enjoy Metz together! The first notes of music at a concert, the kick-off of a match, a hot-air balloon taking off over the water, the lights of the projection mapping on the cathedral ... Discover a host of opportunities to enjoy a unique experience with the people of Metz.

**What could be better than a match or competition to get the heart racing ...**

## As a spectator:

- the **Metz Handball** matches hosted at the Arènes de Metz: 27 French Championships titles, 13 French Cups, 8 League Cups, 4 Final Fours and a bronze medal in the Champions League;
- the FC Metz football matches played at **Stade St-Symphorien** in Longeville-lès-Metz, where the South stands were fully renovated in 2022 with new spaces;
- the **Mirabelle d'Or** International Open at the Grange-aux-Ormes golf course in Marly, a stage on the Alps Tour circuit, in which over 100 professional players take part;
- the Graouilly Cups Hockey - Metz Hockey Club; the French Canoe-Kayak Championship on 20 and 26 July; and more.

## Or as a participant:

- Sports fans looking to challenge themselves will find a host of opportunities: **La Messine, the Light On Tri - Woippy Triathlon, Graouilly Moselle Team, Euro-Marathon de Metz (9 > 11 October) and more.**

There's something to suit all athletes – whether beginners or experts!



## Constellations de Metz International Festival: the iconic Metz summer event celebrates its 10th anniversary!

Following the success of the 2025 edition, which welcomed **over a million visitors**, the Constellations de Metz International Festival returns from **25 June to 5 September** to **celebrate its 10th birthday**. An anniversary edition marked by a rich and multifaceted **day and nighttime programme of events**, combining **digital and urban art**. An ever-more **inclusive and accessible** festival, offering tailor-made tours **for people with disabilities**.



Video mapping – Terraforma – Fensch Toast – 2025

For this **10<sup>th</sup> edition**, the festival continues to explore and promote Metz heritage, inspiring contemporary creation and offering a fresh look at its natural and urban space. Marking cultural and tourist life in the city of Metz and with a reputation that extends far beyond the city limits, 'Constellations de Metz' has become a **major free cultural event and a must-see both nationally and internationally**. The festival invites **artists from around the world** to exhibit their artistic universes, while granting pride of **place to regional and local artists**.

[constellations-metz.fr](http://constellations-metz.fr)

Enlightenment – Antoine Goldschmidt – Magicstreet



La rencontre – Missy and Stom500

## The Mirabelle Plum Festival

As the flagship, eco-friendly event of Metz's cultural summer agenda, the Mirabelle Plum Festival will bring Metz to life **from 21 to 30 August** over the course of two weekends. A programme combining iconic highlights and new features awaits Metz residents and tourists in a friendly, gourmet and festive atmosphere. Come celebrate local produce and this golden fruit by taking part in the **Flavours and Arts Market**, the **original mirabelle-plum tart competition**, the many **activities on the Esplanade de Metz** or even the **coronation of the Mirabelle Plum Queen**. And head to the Metz Plan d'Eau lake for a **festive weekend**, including a number of **major concerts**, the **nautical parade** and the iconic **fireworks on Saturday 29 August**.

🌐 [metz.fr](http://metz.fr)



The Mirabelle Plum Festival – Metz

## Hop Hop Hop, International Outdoor Theatre Festival

This festival, an unmissable event in the Euro-Métropole de Metz, offers a **100% free cultural programme** from 3 to 14 July for all ages, presenting theatre as well as music and circus performances.

🌐 [festivalhophophop.com](http://festivalhophophop.com)

'Bruits de Coulisses' Les Ptits Bras  
Hop Hop Hop Festival – Euro-Métropole de Metz



Les Montgolfiades Hot-Air Balloons – Metz

## Les Montgolfiades and the Water Festival

The summer festivities continue in the air and on the water.

As September approaches, hot-air balloons fill the skies in Metz. Over the course of several days, **Les Montgolfiades** offer a soothing and colourful spectacle at dawn and at the end of the day.

Meanwhile, the **Water Festival** offers the chance to discover and try out watersports activities. A **luminous parade** of no less than 100 decorated boats rounds off the activities.

The romantic **Les Régates Gardens** and the **Les Cygnes Lake**, embellished by **dancing fountains**, make the ideal backdrop for the **light and music displays** that take place on summer weekends.





Christmas Market – Place d'Armes – J.F. Blondel



Ferris Wheel and Saint-Etienne Cathedral



Father Christmas' floating sleigh

## Christmas Market and Saint Nicholas

As the festive season approaches and the Christmas Market comes to life in various parts of the city, at the start of December, it is traditional for Saint Nicholas to reward well-behaved children with sweets and treats, while Père Fouettard frightens the less well-behaved ones.

Shops and businesses are generally open on the four Sundays before Christmas, so you can enjoy a Christmas-spiced city break right up to the big day.

Ferris wheels and other winter games offer a wide range of leisure activities for young and old alike.

Father Christmas' floating sleigh: a magical moment on the water and an unforgettable event featuring the man in red and his great white beard.

At the heart of Square Bouffleurs, the Lantern Trail – an initiative launched by the Moselle Department – offers a wonderful, timeless walk. The best place to truly soak up the ambience of Christmas!



Christmas Market – Place de la République

# Noël à Metz

MARCHÉ  
MERVEILLEUX

Discover the Christmas  
press kit on  
[tourisme-metz.com](http://tourisme-metz.com)

VIBE



## Metz, UNESCO Creative City through the lens of music

The **Cité Musicale-Metz** offers three spaces and three different settings with the **Arsenal Jean-Marie Rausch**, the **BAM** and **Les Trinitaires** (exceptional for their history and acoustics), plus the Metz Grand Est National Orchestra.

🌐 [citemusicale-metz.fr](http://citemusicale-metz.fr)

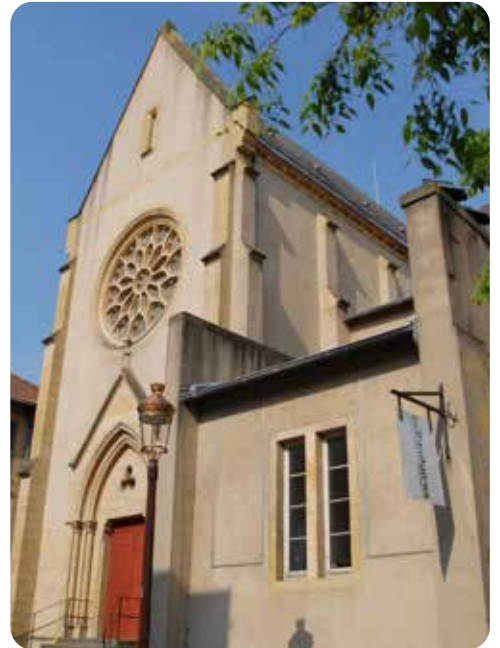


BAM – Metz

**Saint-Pierre-aux-Nonnains**, one of the oldest churches in France, presents ancient-music concerts and exhibitions.

Les **Trinitaires**, a former Carmelite convent, has been hosting concerts in a unique atmosphere since the 1970s.

**BAM (Boîte à Musiques)**, meanwhile, is an architectural project by Rudy Ricciotti, dedicated to contemporary music.



Les Trinitaires – Metz

Don't miss  
a thing



The **Arsenal Jean-Marie Rausch**, renovated by Ricardo Bofill, is home to one of Europe's finest concert halls, with its sumptuous beech and sycamore decor.



Arsenal Jean-Marie Rausch – Metz



Grand hall of the Arsenal Jean-Marie Rausch  
Metz Grand Est National Orchestra

## Opéra-Théâtre – Euro-Métropole de Metz

The **Opéra-Théâtre** opera house, the oldest still in operation in France and a real 18<sup>th</sup>-century gem with an unusual history (from a second, unscrupulous architect to its sculptures and inscriptions), is **currently closed for renovation works**. The curtain has fallen, but the show must go on ... outside the walls. **The programme of events** (opera, ballet, theatre and youth) **offers a range of new formats and will take place within various other facilities**. Tickets are available at the Inspire Metz – Tourist Office.

Don't miss: Opera – Oratorio 'Les sept dernières paroles du Christ en croix': 15, 16, 17 and 18 April at 20:00 and 19 April at 15:00, Saint-Vincent Basilica.



# ENJOY



Saint-Pierre-aux-Nonnains

## Toutourisme

The many green spaces of the Euro-Métropole de Metz are perfect for recharging your batteries and making the most of nature. But heading out with your pet is even better, right?

Various parks and gardens are accessible to four-legged friends. The City of Metz is home to **9 parks for unleashed dogs** (Jean-Marie Pelt Gardens, Promenade des Allemands, Le Sansonnet Park, Promenade de la Cheneau and more). **Various promenades across the Euro-Métropole de Metz** also offer up some fantastic walks on a leash (Les Tanneurs Garden, Plan d'Eau, Les Trois Nationalités Park, the Château de Courcelles Park and more).

Now there's no excuse not to set off with your loyal companion!

Find more information on travelling with your dog in the Toutourisme guide:

🌐 <https://bit.ly/3Phy7pw>



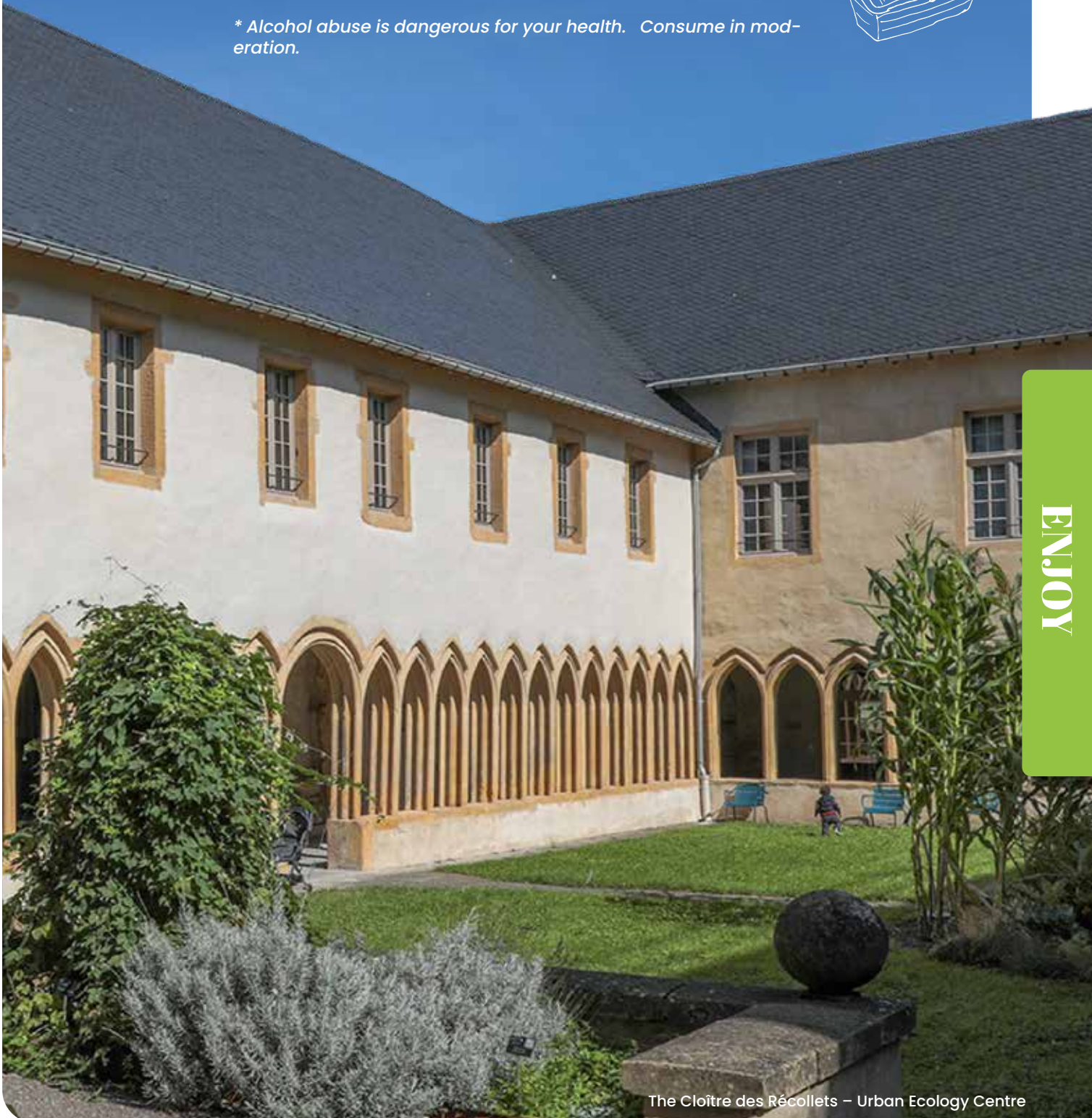
Esplanade – Metz

A picnic in the park? A tasting of Moselle wine\* and local produce at the water's edge? A terrace in the shade of medieval arcades? An unforgettable sunset when aperitif time rolls around? A show in the vineyards or a walk through the fields?

In Metz and the surrounding areas, it's all possible!

We can also recommend some famous, original or romantic viewpoints. For example, on the banks of the Moselle in front of the Temple Neuf, or, for a more discreet spot, at the Cloître des Récollets in the heart of the city, within the medicinal plant garden. Plenty of ideas to get you dreaming!

*\* Alcohol abuse is dangerous for your health. Consume in moderation.*



ENJOY

The Cloître des Récollets – Urban Ecology Centre

## Walks and Gardens

Walks and gardens are as important to our city's structure as the streets: in the **Jean-Marie Pelt Gardens (La Seille Park)**, the **Graouilly footbridge** provides access to the **Queuleu district** and the forecourt of the **Palais Omnisport les Arènes**. The **Metz Botanical Gardens**, awarded the 'Jardin Remarquable' label, connect the city to the south of the Euro-Métropole de Metz, with their collection of greenhouses, rose garden and water features.

Just like a local, take a seat on a bench to enjoy a lunch in front of the **pop-up garden on Général de Gaulle** or in the French-style gardens of the **Esplanade**, listening to the rumbling water jets. A haven of peace just off the pedestrianised streets and lively **Place de la République**.

## Walking and Cycling Routes

Make the most of the opportunity to follow the suggested routes along the canalised or wild Moselle, on foot or by bike along the **Voie Bleue (V50)**, and discover the **lock keeper's house**, the **La Cavalerie Park**, the **Ile du Saulcy** or the kayaking rapids at the **Descente de la Pucelle**. You can even watch the kayakers in action! For families, there are plenty of places for the little ones to play.

The Voie Bleue (V50): 🌐 [lavoiebleue.com](http://lavoiebleue.com)

Bike hire: 🌐 [lemet.fr](http://lemet.fr)

Cycling in Metz: 🌐 [metz.fr](http://metz.fr)

Bicycle touring: 🌐 [tourisme-metz.com](http://tourisme-metz.com)



Chalk grasslands – Lorry-Mardigny

## Gardens and sites of the Euro-Métropole de Metz

The **Laquenexy Fruit Gardens**, the **Château de Courcelles Park** in **Montigny-lès-Metz**, **Simon Park** in **Augny**, exploring the **banks of the Moselle**, the **banks of the Seille**, **remembrance trails** (especially in **Rozérieulles** and **Gravelotte**), a walk amid the **orchids** and **chalk grasslands**, **vegetable gardens** and **strawberry fields** in **Woippy**, **old fortified farms** and the **Gallo-Roman aqueduct** in **Ars-sur-Moselle** – experience the surprising heritage of a time rediscovered.

The Laquenexy Fruit Gardens:

🌐 [jardinsfruitiersdelaquenexy.com](http://jardinsfruitiersdelaquenexy.com)



Laquenexy Fruit Gardens



On summer weekends, sit on the cool grass and admire the night-time spectacle of the **Dancing Fountains at the Les Cygnes Lake**, or take a seat on the lawns near **the Plan d'Eau** to enjoy the shade of the tall trees and the view of **Mont St-Quentin**.





The **Metz Botanical Gardens** are a place bursting with a wealth of human and plant history. Located on the outskirts of **Montigny-lès-Metz** for over 150 years, they invite walkers to retrace the journey of plants through the various collections of temperate and tropical plants. Remarkable trees, rock gardens, rose gardens, scent gardens and even equatorial undergrowth and arid environments in the greenhouses, renovated in 2024, are all represented. A truly bucolic area to enjoy a peaceful moment or discover botanical curiosities.



Metz Botanical Gardens – greenhouses

## Wine and Mirabelle Plum Route

The sportiest among you can even cycle the **Pays Messin Wine Route\*** (46 km) through **wine-growing villages**, past orchards and vineyards, discovering **AOC-labelled estates** and the **Moselle valley**. Pinot noir, pinot gris, auxerrois, Müller-Thurgau, pinot blanc, gewürztraminer or gamay are ideal with quiche, pie, stew and plums! The **mirabelle plum** has been a

favourite of the people of Metz since the 16<sup>th</sup> century: we celebrate it every year, visiting the orchard and savouring it in tarts, whole, in eau-de-vie\* or liqueur – you won't want to miss out! Cooking lessons, cellar tours, beer-themed treasure hunts\* – there's something for everyone.



\* Alcohol abuse is dangerous for your health. Consume in moderation.



ENJOY

## Boat Trips



Discover Metz, its environment and its history on a solar-powered boat ride on board the **P'ti Graouilly**, the **Solis** (solar boat) or the **Bandiera** (luxury boat).  
**Departure from the Plan d'Eau lake, in the city centre.**

- **La Compagnie des Bateaux de Metz** – boat rides, aperitifs, dinner cruises  
🌐 [la-compagnie-des-bateaux-de-metz.com](http://la-compagnie-des-bateaux-de-metz.com)
- **Solis Mettensis** – rides and aperitifs  
🌐 [metz-bateau-solaire.com](http://metz-bateau-solaire.com)
- **Le Mettensis** – floating terrace, meals, cocktails, company retreats and more  
🌐 [metz-bateau-solaire.com](http://metz-bateau-solaire.com)
- **La Flottille** – rent electric boats, boats, pedal boats and more  
🌐 [bateauxmetz.com](http://bateauxmetz.com)



METZ'O

- **METZ'O Shuttle**

Two electric boats link the centre of Metz to Moulins-lès-Metz, via Saulcy, Longeville Centre and Scy-Chazelles. To hop on board, you'll need a Le MET' ticket.

🌐 [lemet.fr/metzo-la-navette-fluviale](http://lemet.fr/metzo-la-navette-fluviale)

Plan d'Eau lake





**ENJOY**

# STROLL

Are you looking for a **souvenir** or hoping to taste some **local products from Metz** at home, discover the **skills of master glassmakers and local craftsmen** or simply find a nice surprise in the shop window?

**Art galleries, concept stores, independent bookshops, designer boutiques, jumble sales, flea markets, local shops and major national chains** – you'll be spoilt for choice.

Indoor market hall – Metz



## Terraces

In the morning, enjoy your coffee on one of the city's many sunny terraces, such as those on **Place St-Jacques**.

## Markets

Do your shopping at the **Marché Couvert** indoor market hall opposite the cathedral, open from Tuesday to Saturday, or at the many local farmers' markets in Metz's neighbourhoods (don't miss the one in front of the Sainte-Thérèse Church on Sunday mornings), and in the surrounding villages. Market gardeners, meat, egg and poultry producers, winegrowers, brewers and more – come and meet the producers.

Once a month, from April to September, a farmers' market takes over Place Saint-Louis – 24 April, 22 May, 12 June, 3 July and 11 September [metz.fr](http://metz.fr)

## Graouilly

Want to catch a glimpse of the **Graouilly**? Head to the **village Taison**, on the **Sainte-Croix hill**, where it hangs overhead and watches over the small restaurants and independent shops of this unique street. And if you don't know who he is, ask the people of Metz – they'll be delighted to share the legend with you.



Rue Taison – Metz

## Sustainable and Eco-Friendly Tourism

Here, the emphasis is on **short supply chains** and **responsible tourism**, thanks mainly to the new '**Sustainable Innovative Destination**' label. The Euro-Métropole de Metz is one of the first areas to be awarded the label, along with the Inspire Metz agency (Convention Bureau and Tourist Office), and a number of other stakeholders including the Centre Pompidou-Metz, the Metz Robert Schuman Conference Centre and UMIH 57. This includes **eight challenges** broken down into **26 different actions**, such as **sustainable mobility, responsible purchasing, resource conservation, anti-waste actions and inclusion**.

## Place Saint-Louis and the Banks of the Seille

Enjoy an aperitif in Place **St-Louis**, with its surprising Italian medieval architecture, or **on the banks of the Seille at Les Frigos** in summer.



Place Saint-Louis – Metz

### Shopping

You'll find a wide range of shops in the pedestrianised area and in the shopping centres of the **Amphithéâtre district** and throughout the **Euro-Metropole**. You can even go **shopping in an apartment** or pick up some bargains in a **pop-up store**. As an added bonus, sales always start a few days earlier in Metz than in the rest of France.

### Inspire Metz – Tourist Office Shop

**Good to know:** if you're looking for a **little gift** or **souvenir**, the Inspire Metz – Tourist Office shop is open seven days a week with an **array of local produce, a regional bookshop and unique craft products** (glassware, tableware, artists, local designers, etc.).

And to make the most of your stay, the Inspire Metz – Tourist Office also offers a host of suggestions adapted to how long you have in our city, your tastes, and whether you're travelling alone, as a couple, with family, colleagues or friends.

**Tip:** buy your City Pass and come and go whenever you like!  
[🌐 tourisme-metz.com/fr/preparer-son-sejour/metz-citypass](https://tourisme-metz.com/fr/preparer-son-sejour/metz-citypass)

**2 Place d'Armes – J.F. Blondel – 57000 Metz**

+33 (0)3 87 39 00 00/tourisme@inspire-metz.com

Open to the public: 7 days a week (except 1 January and 25 December)

October to March

Monday to Saturday: 10:00–18:00

Sundays and public holidays: 10:00–16:00

April to September and Christmas markets:

Monday to Saturday: 09:30–18:30

Sundays and public holidays: 10:00–16:00



# 48 HOURS IN METZ

## Itinerary suggestion

### Day 1

**12:00**

#### **WELCOME TO THE EURO-MÉTROPOLE DE METZ!**

Arrive at the Metz Ville train station.

Walk to the city centre, via the old La Citadelle district. Our favourites: the Templar's Chapel (unique in the region thanks to its layout), the old Saint-Pierre-aux-Nonnains Church (Roman palestra converted into a church in the 7<sup>th</sup> century) and the great hall of the Arsenal – Jean-Marie Rausch, designed by Catalan architect Ricardo Bofill.

**13:00**

#### **LUNCH AT THE MARCHÉ COUVERT INDOOR MARKET HALL.**

In a lively, friendly atmosphere, order the discovery platter to savour some regional products: charcuterie, cheeses and Lorraine style roast potatoes, not forgetting our local beers\*. (see p. 30)

**14:00**

**16:30**

#### **TOUR OF THE CITY'S UNMISSABLE MONUMENTS.**

Enter the Saint-Étienne Cathedral, masterpiece of Gothic art and known for its 6,500 m<sup>2</sup> of stained-glass windows created by artists such as Chagall, Villon or Kimsooja. Take the time to analyse the many details of these old and newer stained-glass pieces and be amazed by their dazzling colours. (see p.12)

#### **A QUICK 1-HOUR GUIDED TOUR OF THE MUSEUM COUR D'OR**

Our favourites: the Gallo-Roman treasures, the medieval painted ceilings illustrating fascinating hybrid creatures, the new Renaissance room, the 19<sup>th</sup>-century School of Metz works, the Biodiversity Pavilion and more.

This museum is packed full of masterpieces, so don't hang about! (see p.12)

#### **DISCOVERING THE MEDIEVAL QUARTER.**

Explore the Sainte-Croix hill, cradle of Metz which still feels like a Middle Ages bourgeois town with the Cloître des Récollets – Urban Ecology Centre; the former home of Rabelais; Place Saint-Louis, where the money-changers once sheltered under the arcades; and Rue Taison with its village-like atmosphere, where Graouilly, the famous dragon of Metz, lives!

#### **AND THE PORTE DES ALLEMANDS.**

Extend your tour with a trip to the Porte des Allemands, a little fortress in the medieval Outre-Seille district – now an exhibition venue.

**17:00**

#### **HEAD TO THE BANKS OF THE MOSELLE.**

A pleasant walk will lead you to the Quai des Régates, passing by the Place de la Comédie with the Opéra-Théâtre opera house (1732, the oldest in France still in operation today) and the Temple Neuf (1904, built for Guillaume II). (see p.23)

**17:30**

#### **APERITIF TOUR ON A SOLAR-POWERED ELECTRIC BOAT.**

Enjoy a moment of calm surrounded by nature on the Moselle, admire the city's heritage from a new perspective and try a Moselle AOC\* wine produced on the hillsides of the Pays Messin alongside the boat's captain who will reveal all the secrets of the Euro-Métropole de Metz! (see p.28)

**20:00**

#### **REGIONAL DINNER.**

Enjoy regional dishes in a Metz restaurant.

# Day 2

**09:00**

## **TOUR OF THE IMPÉRIAL DISTRICT AND METZ TRAIN STATION.**

This district, born under German occupation, comes to life in a blend of styles and colours, mixing functionality, modernity and aesthetics. Completed in the interwar period, this district embodies a fascinating dialogue between tradition and innovation, to be discovered as you explore its fabulous avenues and picturesque little corners. Did you know? Metz train station has been voted France's most beautiful station three times by internet users.

**10:00**

## **TO THE BOTANICAL GARDENS.**

Grab a Le MET' or Graoulib' bike to set off for this enchanting site. Stroll through the restored greenhouses, admire the remarkable trees and make your way through this picturesque English-style garden. (see p.27)

**11:30**

## **RETURN TO METZ TO VISIT THE CENTRE POMPIDOU-METZ AT YOUR OWN PACE.**

This building, with its curious roof in the shape of a Chinese hat, created by architects Shigeru Ban and Jean de Gastines, presents works of modern and contemporary art. There, you'll discover some dynamic, varied and sensational exhibitions and performances, sure to pique your curiosity!

Access included in your City Pass. (see p.11)

**13:00**

## **LIGHT LUNCH IN THE IMPÉRIAL DISTRICT.**

**14:00**

## **JUST ENOUGH TIME FOR A SHOPPING BREAK, AND IT'S ALREADY TIME TO LEAVE.**

**15:00**

## **SEE YOU SOON!**

Return by TGV train, in just 85 minutes if you're coming from Paris.

We have a host of ideas to adapt your stay in the Euro-Métropole de Metz on the banks of the Moselle or in the wine-growing villages ...

*\*Alcohol abuse is dangerous for your health: consume in moderation.*



# KEY FIGURES FOR 2025

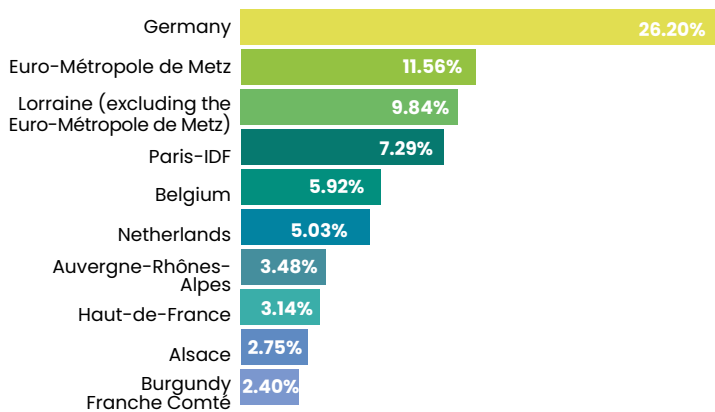
## Agence Inspire Metz - Tourist Office

**124,194** visitors (eco-counter)

**1,123** sales of City Passes

**1,048,036** overnight stays in the Euro-Métropole de Metz.  
(source: tourist-tax platform data, 05/02/2026).

## Breakdown of the top 10 customer groups of the Inspire Metz – Tourist Office



## Accommodation infrastructure – Metz

### Metz hotels

**24** establishments – **1,664** rooms

**6 x 4-star** – **566** rooms

**11 x 3-star** – **641** rooms

**3 x 2-star** – **175** rooms

**1 x 1-star** – **71** rooms

**3** non classified – **211** rooms

### Metz Marina

Blue Flag – **55** berths

### Outdoor accommodation

**1** Metz 3\* municipal campsite & 1 motorhome park

### Shared accommodation

**2** youth hostels

(Sitlor data – March 2026)

## Tourist sites

**315,148** visitors to the Centre Pompidou-Metz (+2.2% compared with 2024)

**+ 93,000** visitors to the Museum of La Cour d'Or – the Euro-Métropole de Metz (+11.45% in 2024)

**36,713** visitors to the Porte des Allemands

**45,810** visitors to Les Trinitaires Church (open from mid-March to mid-November, including visitors during the Constellations)

**47,217** visitors to the Saint-Vincent Basilica (open from March to September)

**908,247** visitors to the Metz Saint-Étienne Cathedral (+12.07 % compared with 2024)

**551,793** visitors to the Botanical Gardens

**246,491** the Lanterns Trail created by the Moselle Department

## Accommodation infrastructure – Metz Euro-Metropole (including Metz)

### Hotels in the Euro-Métropole de Metz

**34** establishments – **2,282** rooms

**6 x 4-star** – **566** rooms

**15 x 3-star** – **887** rooms

**7 x 2-star** – **461** rooms

**1 x 1-star** – **71** rooms

**5** non classified – **297** rooms

### Motorhome

**1** motorhome park at Scy-Chazelles

### Bed and Breakfasts

**20** facilities (**7** facilities in Metz). Plus:

**4** unusual bed and breakfasts (barges in Metz).

### Port Robert Schuman in Scy-Chazelles

**180** berths

(Sitlor data – March 2026)

## Catering infrastructure – Euro-Métropole de Metz (including Metz)

### Restaurants 200

(Sitlor data – January 2026)



## Ratings and labels obtained by the City of Metz



In October 2019, Metz was awarded the **UNESCO Creative City label in the Music category**.



Metz has been awarded the **French Tech** label and the **French Tech East Capital** since April 2019.



Metz is twinned with Luxembourg, Trier, Gloucester, Hradec Králové, Nankin, Karmiel and Chernivtsi.

Ville Amie des Aînés (senior-friendly), platinum level.

## Certifications and labels obtained by Inspire Metz – Tourist Office Classified in category 1



Accueil Vélo is a national label that guarantees a high-quality welcome and services for cyclists along cycle routes.

For more information:  
[www.francevelotourisme.com](http://www.francevelotourisme.com)

## The Euro-Métropole de Metz labels and networks

The Euro-Métropole de Metz has been awarded:





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