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CONTENTS

Metz is a veritable open-air museum, recounting 3,000 years of history. Many have fallen in love with Metz, which has in turn been French, German, republican, royal and imperial.

Whether you're keen to snap some photos for social media, or simply want to admire and imagine the Celts founding their oppidum on the Sainte-Croix hill, the medieval guilds of craftsmen working on Place Saint-Louis and in the Outre-Seille district, or the Duke of Belle-Isle building the Opéra-Théâtre, Metz Eurometropole will not fail to surprise.

2025 HIGHLIGHTS

IN METZ EUROMETROPOLE*

Until 14 April

Cerith Wyn Evans
Borrowed Light Through Metz
Centre Pompidou-Metz

25 January > 1 September

After the End.
Cartographies for Another Time
Centre Pompidou-Metz

25 January > 22 April

Xavier Veilhan Ordre et Chaos Centre Pompidou-Metz

26 February > 5 May

Boris Charmatz. Le chaos et le brouillon Centre Pompidou-Metz

29 > 30 March

Gourmet Village and the Moselle Wine Festival

Place de la République

22, 23, 29 and 30 March

Metz Artists' Trail

4 > 6 April

Festival Le Livre à Metz 'Tenir Tête' Literature and Journalism (Metz Book Festival)

23 > 27 avril

BellissiMetz

16 > 17 May

Spring Flea Market

8 May > 20 October

Vinii Revlon
The Vinii Ballroom Experience
Centre Pompidou-Metz

8 May 2025 > 2 February 2027

Endless Sunday. Maurizio Cattelan and the Centre Pompidou collection

Centre Pompidou-Metz

15 > 25 May

Passages Transfestival 'Liberto o Futuro'

6 juin

Opera: Aïda – Giuseppe Verdi Stade Saint-Symphorien

7 > 8 June

Macellum. Agricultural festival.

14 June 2025 > 2 February 2026

Copyists

Centre Pompidou-Metz

19 June > 30 August

'Constellations de Metz' International Festival

27 June > 14 July

Hop Hop Festival

June > September

The Dancing Fountains

5 July > 17 August

Metz Beach

29 > 30 August

Big Flea Market

22 > 31 August

Mirabelle Plum Festival



Hop Hop Festival © Distillerie d'Images – kolektif Alambik

11 > 14 September

Les Montgolfiades (Hot-Air Balloons in Metz)

6 > 7 September

Water Festival

26 September > 6 October

Metz International Fair

12 > 13 September

La Cité en fête Cité musicale-Metz

12 octobre

Euro Marathon Metz

1 > 8 November

Moselle Open

1 November 2025 > 6 April 2026

Louise Nevelson. Mrs. N's Palace Centre Pompidou-Metz

28 > 29 November

60 Years of Les Trinitaires Cité musicale-Metz

Late November > Late December

Christmas Market and Advent Festivities in Metz and in Metz Eurometropole

6 > 7 December

Saint Nicholas festivals



Find all the events in the Metz Eurometropole on <u>tourisme-metz.com</u> or by scanning the QR code.

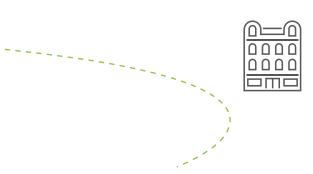
* Subject to change without notice

NEW FOR 2025

IN METZ EUROMETROPOLE

The Maison Heler hotel, imagined by Philippe Starck, opens its doors

This monolithic, monochromatic nine-story building, topped with an 19th-century Lorraine house, opens its doors in March 2025. Imagined by Philippe Starck, this hotel offers 104 rooms and suites, a bar and restaurant opening out onto a garden, a restaurant and bar that stretches out onto a tree-lined rooftop terrace (p.29).



Gourmet Village, Moselle Wine Festival and the France 2025 MICHELIN Guide Ceremony

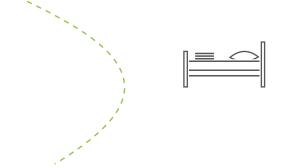
The Gourmet Village and the Moselle Wine Festival takes place on 29 and 30 March in Metz, offering visitors, a chance to discover the area's unmissable recipes, local produce, regional specialities and the opportunity to various French and Moselle chefs. Then, on 31 March, the French 2025 MICHELIN Guide Ceremony will name the newly starred chefs and restaurateurs.

etoilesMICHELIN2025.mosl.fr



Metz's youth hostel expands its premises

The youth hostel has been undergoing renovation works since late 2023. The establishment reopens in March 2025. Though the number of beds remains the same, comfort will be improved. The rooms are designed for a maximum of four people, with individual toilets available in each room.



15th anniversary of the Centre Pompidou-Metz An exceptional programs

An exceptional programme to celebrate the art centre's 15th birthday! (p.10)



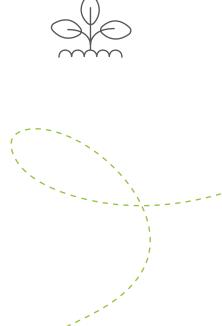
A new look at regional biodiversity at the Cour d'Or -Metz Eurometropole Museum

The Biodiversity Pavilion will open on Saturday 30 August 2025 at 10:00. For the first time since 1976, visitors will enjoy access to its rich Natural History collections. A tour inviting the public to discover, understand and act to protect biodiversity (p.12).



A unique view of Metz from the Cloître des Récollets – Centre for Urban Ecology

The hanging gardens located on the roof of the Cloître des Récollets form part of efforts to restore this site. It will be accessible in summer 2025. Visitors will be reworded by an remarkable view over the train station, the medieval Outre-Seille district and the Bellecroix Forest.



Opening of the Ibis Styles hotel

Late 2025 will be marked by the opening of a 3-star Ibis Styles hotel. Located near the historic Place Saint-Louis, the former 5,000 m2 health insurance building will be transformed and reimagined to provide 86 rooms over six floors. The hotel's facade will be dressed in a living wall of plants.



METZ EUROMETROPOLE



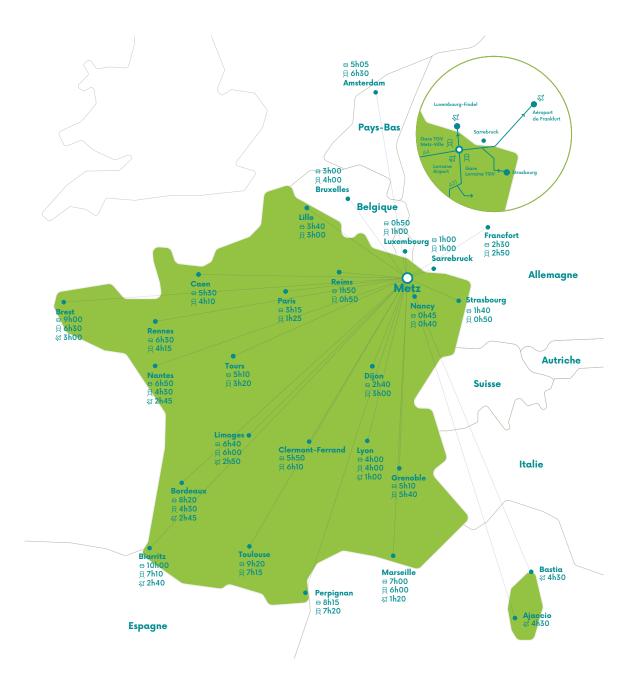


- 46 municipalities
- 228,000 inhabitants
- 312.8 km2

EUROPEAN LIGHTS OF EUROPE

Located in the Grand Est region, Metz Eurometropole is European by essence. Just 50 minutes from Luxembourg and 1 hour from Germany, 3 hours from Brussels and only 85 minutes from Paris – all roads lead to Metz! Whether you're travelling by car (via the A4 or the A31), by train (arriving at Metz Ville

station or Lorraine TGV station), or by boat (via the Canal de l'Est, the Moselle or the Sarre), Metz is a must. By air, in addition to Lorraine Airport, check out the flight connections to Luxembourg airport (a 45-minute drive away, bus and rail links also exist) and Saarbrücken airport (1 hour away).





Sources: www.sncf-connect.com www.viamichelin.fr/web/Itineraires www.airfrance.fr

EXPLORE



Chevalet ayant appartenu à Delacroix, Paris, musée national Eugène Delacroix © GrandPalaisRmn (musée du Louvre) / Jean-Gilles Berizz

Discover five exceptional exhibitions in 2025 at the Centre Pompidou–Metz, a jam–packed and festive calendar of events to mark 15 years of art and passion!

Until 1 September, After the End. Cartographies for Another Time highlights diasporic artists in an alternative reading of contemporary art and modern history, curated by historian Manuel Borja-Villel.

From 26 February, the choreographer Boris Charmatz will take over the Centre Pompidou-Metz's Studiowithanimmersivescreening.

From 8 May, this architectural gem's birthday month, the iconic collections of the Centre Pompidou – MNAM will be placed in dialogue with the work of Maurizio Cattelan in Endless Sunday, under the direction of Chiara Parisi and the team of the Centre Pompidou-Metz.

Centre Pompidou-Metz

You'll be amazed by the unusual architecture of the Centre Pompidou-Metz, with its hexagonal roof resembling the wickerwork of a Chinese hat, that shines through when lit up from within after dark. The building itself is a work of art!

This exceptional space allowing visitors to discover modern and contemporary artistic creation offers up some unique moments of contemplation and exploration faced with real masterpieces of the history of art.

To celebrate its 15th anniversary, the Centre Pompidou-Metz presents an ambitious and festive calendar of events.

In June, a partnership with the Louvre Museum will celebrate contemporary painting and invites around 100 artists the embody the role of Copyists. Later, in autumn, the centre will dedicate a monographic exhibition to the sculptor Louise Nevelson.

centrepompidou-metz.fr



Photo 11H45



Saint Étienne's Cathedral

few steps separate Just a the great nave of the Centre Pompidou-Metz from one of the highest in France (42 m). Saint Étienne's Cathedral, a prodigy of radiant and flamboyant Gothic architecture, presents 6,500m2 of stained-glass windows, the largest surface in Europe. Master glassmakers from the 13th to the 21st centuries contributed to this enormous work. Meanwhile, gargoyles, spandrels and basreliefs all whisper their secrets ...



Saint-Étienne's Cathedral, Metz

Cour d'Or – Metz Eurometropole Museum and FRAC



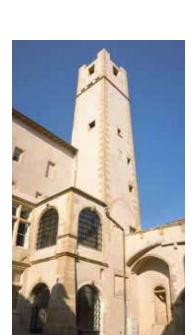
Cour d'Or – Metz Eurometropole Museum

Climb up the Sainte-Croix hill to visit the Cour d'Or – Metz Eurometropole Museum and its maze of dark corridors leading to an altar dedicated to Mithras, master of the winds and friend of the sun, a Merovingian chancel or magnificent and unique medieval painted ceilings.

Carry on to the city's oldest civil building, the beautiful residence which once received Charles V and now houses the 49 Nord 6 Est - FRAC Lorraine (Regional Contemporary Art Collection).

musee.eurometropolemetz.eu fraclorraine.org





49 Nord 6 Est - FRAC Lorraine

Place Saint-Louis and the Outre-Seille district

Head back down to **Place Saint-Louis**, where the money-changers worked on stone benches during the time of the Metz Republic, and into the **Outre-Seille district** with its medieval charm to admire **Cocteau's stained-glass windows in Saint-Maximin's Church** or visit the **Porte des Allemands**, a small fortified castle spanning the **Seille**, where you'll see traces of former battles, and admire exhibitions and artistic performances.

Metz Eurometropole

Metz Eurometropole, don't miss Robert Schuman's House, Father of Europe, in Scy-Chazelles; the **Museum of the War of 1870 and the Annexation**, open on the very site of the fierce combat that gave rise to the local expression falling like at Gravelotte', or the **Château de Courcelles** in Montigny-lès-Metz, built in the 18th century and now an exhibition space celebrating its 20th year open to the public in 2025.

You'll certainly pass by the **ancient aqueduct** on the banks of the Moselle (at Ars-sur-Moselle): it carried spring water to Metz and dates back to the 2nd century!

mosellepassion.fr



Museum of the War of 1870 and the Annexation – Gravelotte



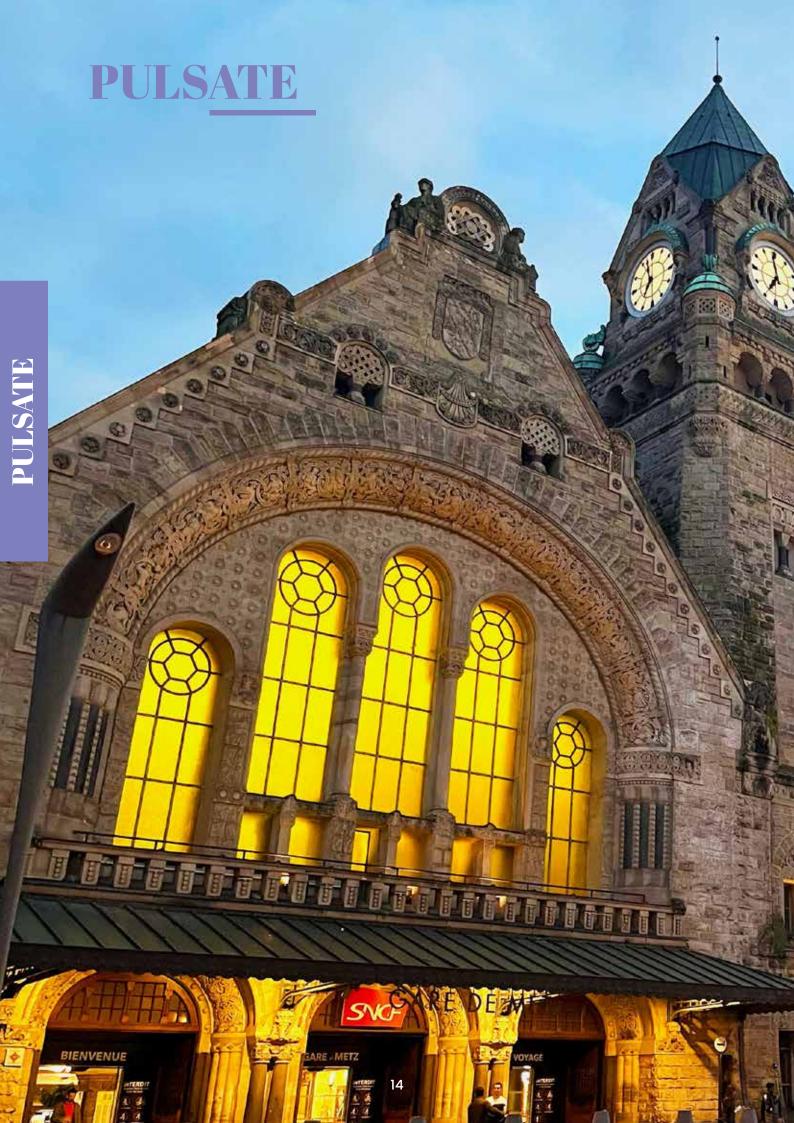
Château de Courcelles - Montigny-lès-Metz



Robert Schuman's House - Scy-Chazelles

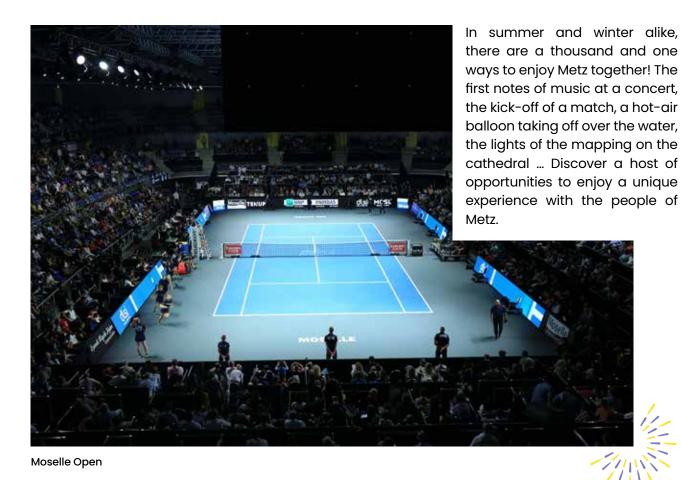
Place Saint-Louis - Metz







PULSATE



There's nothing like a match or competition to get together and feel connected:

- with **Metz Handball**, who have an impressive track record: 26 French Championships titles, 12 French Cups, 8 League Cups, 3 Final Fours;
- at the **St-Symphorien Stadium**, where the South Stand was fully refurbished with new spaces in 2022, for FC Metz;
- at the **Moselle Open**, which will be held for the 22nd time in 2025 at the Metz Arena, one of the four ATP 250 tennis tournaments in France, with a host of prestigious players;
- at the **Mirabelle d'Or International Open** at the Grange-aux-Ormes golf course, part of the Alps Tour circuit, with over 100 professional players taking part;

In 2025, **Euro Marathon Metz** returns with a new route, to the delight of running fans. On the programme: **marathon**, **10 km Haganis**, **relay marathon or children's races**. There's something to suit all athletes – whether beginners or experts!







The 'Constellations de Metz' International Festival lights up the summer!

On the back of the 2024 edition's success, welcoming **over a million visitors**, the 'Constellations de Metz' International Festival returns from **19 June to 30 August** with rich and varied **daytime and nighttime circuits**, mixing **various forms of art.** Between digital art and urban art, the festival's 2025 edition explores the **themes of trompe-l'esprit and artificial metamorphoses**.

For this new edition, the festival continues to explore and

promote Metz's heritage, inspiring contemporary creation offering a fresh look at its natural urban space. Marking cultural and tourist life in the city of Metz and with a reputation that extends far beyond the city limits, 'Constellations de Metz' has become a major free cultural event and a must-see both nationally and internationally. The festival invites artists from around the world to exhibit their artistic universes, while granting pride of place to regional and local artists.



Vegetalisme: The Fall - Nesta

constellations-metz.fr



The Mirabelle Plum Festival

The traditional Mirabelle Plum Festival, a key ecoresponsible event during Metz's cultural summer programme, brings the city's unspoilt natural sites to life from 22 to 31 August 2025. A programme combining iconic highlights and new features awaits Metz residents and tourists in a friendly, gourmet and festive atmosphere. Come and celebrate local produce and this golden fruit by attending the range of concerts and entertainment, the flavours and arts market, the original mirabelle-plum tart competition on the Esplanade de Metz or the Mirabelle-Plum Queen coronation at the Arsenal Jean-Marie Rausch. 2025 will mark the festivals return to the Plan d'Eau with large-scale concerts and the iconic Metz fireworks on Saturday 30 August, plus the Nautical Parade on 31 August.



Les Montgolfiades - Metz

metz.fr

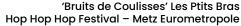


The Mirabelle-Plum Festival - Metz

Hop Hop, international outdoor theatre festival

This festival, an unmissable event in Metz Eurometropole, offers a 100% free cultural programme for all ages, including theatre as well as music and circus performances. From 28 June to 14 July.

festivalhophophop.com





Les Montgolfiades and the Water Festival

The summer festivities continue in the air and on the water.

As September approaches, hot-air balloons fill the skies in Metz. Over the course of several days, **Les Montgolfiades** offer a soothing and colourful spectacle at dawn and at the end of the day.

Meanwhile, the **Water Festival** offers the chance to discover and try out watersports activities. A **luminous parade** of no less than 100 decorated boats rounds off the activities.

Nearby, the romantic **Jardins des Régates** and the Lac aux Cygnes, embellished by dancing fountains, make the ideal backdrop for the **light displays** that take place on summer weekends.





Christmas Market and Saint Nicholas Festivities



Here, winter is warmed up by the Christmas market, ranked 3rd in the 'Best Christmas Markets 2024' competition organised by European Best destinations, and 1st in the 'Family' category.

As the festive season approaches and the Christmas Market comes to life in different parts of the city, at the start of December, it is traditional for Saint Nicholas to reward well-behaved children with sweets and treats, while the Père Fouettard takes care of the less well-behaved ones.

Shops and businesses are generally open on the four Sundays before Christmas, so you can enjoy a Christmas-spiced city break right up to the big day.

Ferris wheels and other winter games offer a wide range of leisure activities for young and old alike. Father Christmas' floating sleigh: a magical moment on the water and an unforgettable event featuring the man in red and his great white beard.

At the heart of Square Bouffleurs, the Lantern Trail – an initiative launched by the Moselle Department – offers a magical, timeless walk. The best place to truly soak up the magic of Christmas!



Father Christmas' floating sleigh

Noël Metz

Discover the Christmas 2024 press kit on tourisme-metz.com





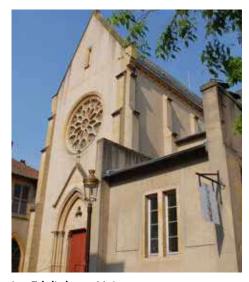
The Cité Musicale-Metz offers three halls and three different settings with the Arsenal, the BAM and Les Trinitaires (exceptional thanks to both their history and acoustics), plus Metz's Grand Est National Orchestra. citemusicale-metz.fr



BAM - Metz

The Arsenal Jean-Marie Rausch, renovated by Ricardo Bofill, is home to one of Europe's finest concert halls, with its sumptuous beech and sycamore decor.

Saint-Pierre-aux-Nonnains, one of the oldest churches in France, hosts early-music concerts and exhibitions.



Les Trinitaires - Metz

So you don't miss a thing



Les Trinitaires, a former Carmelite convent, has been hosting concerts in a unique atmosphere since the 1970s.

BAM (Boite à Musiques), meanwhile, is an architectural project by Rudy Ricciotti, dedicated to contemporary music.



Arsenal Jean-Marie Rausch - Metz



Grande salle de l'Arsenal - J-M Rausch Metz Grand Est National Orchestra

Opéra-Théâtre - Eurométropole de Metz

The **Opéra-Théâtre** opera house, the oldest still in operation in France and a real 18th-century gem with an unusual history (from an unscrupulous architect to its sculptures and inscriptions), **will close its doors for renovation works from summer onwards.**The curtain has fallen, but the show must go on ... outside the walls. **The programme** (opera, ballet, theatre and youth productions) **offers a range of new formats and will take place within at different locations.**



Opéra-Théâtre - Eurométropole de Metz



ENJOY



Cloître des Récollets - Urban Ecology Centre - Metz

and enjoy the present moment than Me Eurometropole?

Ranked 5th among France's 50 greenest cities (Observatoire des Villes Vertes, 2023), Metz – the cradle of urban ecology – has been ranked a 4-flower city since 1992 with 52 m² of public green space per inhabitant.

Metz also came 1st in Challenges magazine's list of the most attractive cities for families. According to Le Figaro's ranking, Metz ranks 6th among cities of over 100,000 inhabitants for senior quality of life. Finally, Le Parisien ranked Metz as the number-one city for remote work.



Esplanade - Metz

A picnic in the park? A tasting of Moselle wine* and local produce at the water's edge? A terrace in the shade of medieval arcades? An unforgettable sunset for your aperitif? A show in the vineyards or a walk through the fields?

In Metz and the surrounding areas, it's all possible!

* Alcohol abuse is dangerous for your health. To be consumed in moderation.

We can also recommend some famous, original or romantic viewpoints that will be the envy of all your friends. For example, on the banks of the Moselle in front of the Temple Neuf, or, for a more discreet spot, at the Cloître des Récollets in the heart of the city, within the medicinal plant garden. Plenty of ideas to get you dreaming!

metz.fr/lieux/lieu-143.php





Walks and Gardens

Walks and gardens are as important to our city's structure as the streets: in the Jardins Jean-Marie Pelt (Parc de la Seille), the Graoully footbridge provides access to the Queuleu district and the forecourt of the Palais Omnisport les Arènes. The Botanical Gardens connect Metz and the south of the Eurometropole, with their collection greenhouses, rose garden and water features. Do as the people of Metz do: take a seat on a bench and enjoy lunch in the ephemeral garden on Place de la Comédie or in the French formal gardens on the Esplanade, to the whisper of the water fountains. A haven of peace just off the pedestrianised streets and lively Place de la République.

Walking and Cycling Routes

Make the most of the opportunity to follow the suggested routes along the canalised or wild Moselle, on foot or by bike along the Voie Bleue (V50), and discover the lock keeper's house, the Parc de la Cavalerie, the lle du Saulcy or the kayaking rapids at the Descente de la Pucelle. You can even watch the kayakers in action! As a family, you'll find plenty of places for your little ones to play.

The Voie Bleue (V50): <u>lavoiebleue.com</u>

Bike hire: <u>lemet.fr</u> Cycling in Metz: <u>metz.fr</u>

Cycle tourism: tourisme-metz.com





Cycle tourism on the V50

On summer weekends, sit on the cool grass and admire the night-time spectacle of the **Dancing** Fountains at the Lac aux Cygnes, or take a seat on the lawns near the Plan d'Eau to enjoy the shade of the tall trees and the view of Mont St-Quentin.



Chalk grasslands - Lorry-Mardigny

Gardens and Sites of Metz Eurometropole

The Laquenexy fruit gardens, the Parc du Château de Courcelles in Montigny-lès-Metz, Parc Simon in Augny, exploring the banks of the Moselle, the banks of the Seille, remembrance trails (especially in Rozérieulles and Gravelotte), a walk amid the orchids and chalk grasslands, vegetable gardens and strawberry fields in Woippy, old fortified farms and the Gallo-Roman aqueduct in Ars-sur-Moselle – experience the surprising heritage of a time rediscovered.

The Laquenexy fruit gardens: jardinsfruitiersdelaquenexy.com



The Laquenexy fruit gardens



The **Botanical Gardens** are a place bursting with a wealth of human and plant history. Located on the border with **Montigny-lès-Metz** for over 150 years, it invites walkers to retrace the journey of plants through the various collections of temperate and tropical plants. There are Remarkable trees, rock gardens, rose gardens, scent gardens and in the greenhouses equatorial undergrowth and arid environments, renovated in 2024. A truly bucolic area to enjoy a peaceful moment or discover botanical curiosities.



Botanical Gardens

Pays Messin Wine Route and Mirabelle Plums

If you're feeling brave, you can even cycle the Pays Messin Wine Route* (46 km) through wine-growing villages, past orchards and vineyards, discovering AOC-labelled estates and the Moselle valley. Pinot noir, pinot gris, auxerrois, Müller-Thurgau, pinot blanc, gewürztraminer or gamay are ideal with quiche, pie, stew and plums!

The Mirabelle plum has been a favourite of the people of Metz since the 16th century: we celebrate it every year, visiting the orchard and savouring it in tarts, whole, in eaude-vie or liqueur – you won't want to miss out! Cooking lessons, wine tours, beer-themed treasure hunts* – there's something for everyone.





^{*} Alcohol abuse is dangerous for your health. To be consumed in moderation.

Boat Trips



Discover Metz, its environment and its history on a solar-powered boat ride on board the **Graoully** (covered electro-solar boat, with heating and air-conditioning), the Solis (solar boat) or the **Bandiera** (luxury boat). **Departure from the lake, the city centre or Longeville-lès-Metz.**

- La Compagnie des Bateaux de Metz boat trips, aperitifs and cruise meals la-compagnie-des-bateaux-de-metz.com
- Solis Mettensis boat trips, aperitifs metz-bateau-solaire.com
- Le Mettensis floating terrace, meals, cocktails, company retreats and more.
 metz-bateau-solaire.com
- La Flottille electric-boat rental, small boats, pedalos, etc.
 bateauxmetz.com

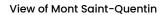


Plan d'eau

Metz'O Shuttle

Two electric boats link the centre of Metz to Moulins-lès-Metz, via Saulcy, Longeville Centre and Scy-Chazelles. To hop on board, you'll need a Le MET' ticket.

lemet.fr/metzo-la-navette-fluviale







© Maison Heler Metz imagined by Philippe Starck (Member of Curio Collection by Hilton)

Maison Heler Metz imagined by Philippe Starck

Close to the Centre Pompidou-Metz, and just a few minutes from the city centre and train station, the new Hôtel Maison Heler, designed by the famous designer Philippe Starck, will open in spring 2025. This monolithic, monochromatic nine-story building, topped with a 19th-century Lorraine house, will welcome guests in a restaurant and bar with unique rooftop. The history of the Maison Heler was born from a story imagined by Philippe Starck: 'La Vie Minutieuse de Manfred Heler' (The Meticulous Life of Manfred Heler). The story of an old dreamer, Manfred Heler, the only living being in a huge house with typical Lorraine architecture, in which he dedicates his life to inventing, marvelling and pleasing his ghostly sweetheart, Rose.

The hotel joins the **Curio Collection by Hilton network**, a collection of unique and original upscale hotels sure to make a lasting impression.

The key figures

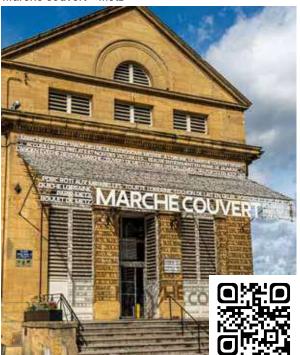


STROLL

Are you looking for a **souvenir** or hoping to taste some local products from Metz at home, discover the **skills of master glassmakers and local craftsmen** or simply find a nice surprise in the shop window?

Art galleries, concept stores, independent bookshops, designer boutiques, flea markets, local shops and major national chains – you'll be spoilt for choice.

Marché couvert - Metz



Graoully

Want to catch a glimpse of the **Graoully?** Head to the **village Taison**, on the **Sainte-Croix hill**, where it hangs overhead and watches over the small restaurants and

independent shops of this unique street. And if you don't know who he is, ask the people of Metz – they'll be delighted to share the legend with you.



Terraces

In the morning, enjoy your coffee on one of the city's many sunny terraces, such as those on **Place St-Jacques**.

Markets

Do your shopping at the Marché Couvert indoor market hall opposite the cathedral, open from Tuesday to Saturday, or at the many local farmers' markets in Metz's neighbourhoods (don't miss the one in front of Sainte-Thérèse's Church on Sunday mornings), and in the surrounding villages. Market gardeners, meat, egg and poultry producers, winegrowers, brewers and more – come and meet the producers.

Find the dates of farmers' markets on metz.fr



Rue Taison - Metz

Inspire Metz – Tourist Office Shop

Sustainable and Eco-Friendly Tourism

Here, the emphasis is on **short supply chains** and **responsible tourism**, thanks mainly to the new **'Sustainable Innovative Destination' label.** Metz Eurometropole is one of the first areas to be awarded the label, along with the Inspire Metz agency (Convention Office and Tourist Office), and a number of other stakeholders including the Centre Pompidou-Metz, the Metz Congrès Robert Schuman Centre and UMIH 57. This includes **eight challenges** broken down into **26 different actions**, such as **sustainable mobility**, **responsible purchasing**, **resource conservation**, **anti-waste actions** and **inclusion**.

Place Saint-Louis and the Banks of the Seille

Enjoy an aperitif in Place **St-Louis**, with its surprising Italian medieval architecture, or on the **banks of the Seille at Les Frigos** in summer.



Place Saint-Louis - Metz

Shopping

You'll find a wide range of shops in the pedestrian ised area and in the shopping centres of the **Amphithéâtre district** and throughout the **Eurometropole.** You can even go **shopping in an apartment** or pick up some bargains in a **pop-up store**. As an added bonus, the sales always start a few days earlier in Metz than in the rest of France.

Inspire Metz - Tourist Office boutique

Good to know: if you're looking for a little gift or souvenir, the Inspire Metz – Tourist Office boutique is open seven days a week with an array of local produce, a regional bookshop and unique craft products (glassware, tableware, artists, local designers, etc.).

And to make the most of your stay, the Inspire Metz – Tourist Office also offers a host of suggestions adapted to how long you have in our city, your tastes, and whether you're travelling alone, as a couple, with family, colleagues or friends.

Tip: buy your City Pass and come and go whenever you like! www.tourisme-metz.com/fr/preparer-son-sejour/metz-citypass



2 place d'Armes - J.F. Blondel - 57000 Metz

+33 (0)3 87 39 00 00 / tourisme@inspire-metz.com

Open to the public: 7 days a week (except 1 January and 25 December)

October to March

Monday to Saturday: 10:00-18:00

Sundays and public holidays: 10:00-16:00

April to September and Christmas markets:

Monday-Saturday: 09:30-18:30

Sundays and public holidays: 10:00–16:00

31



48 HOURS IN METZ

ITINERARY SUGGESTION

Day 1

12h00

WELCOME TO METZ EUROMETROPOLE!

Arrival at Metz Ville station, check-in and drop off bags at the hotel. Walk to the city centre, via the old Citadelle district. Our favourites: the Les Templiers Chapel (unique in the region thanks to its layout), the old Saint-Pierre-aux-Nonnains Church (Roman palestra converted into a church in the 7th century), and the great hall of the L'Arsenal – Jean-Marie Rausch, designed by Catalan architect Ricardo Bofill.

13h00

LUNCH AT THE MARCHÉ COUVERT INDOOR MARKET HALL.

In a lively and friendly atmosphere, order the discovery platter to savour some regional products: charcuterie, cheeses and roast potatoes, not forgetting our local beers*.

14h00 16h30

TOUR OF THE CITY'S UNMISSABLE MONUMENTS.

Enter Saint Étienne's Cathedral, masterpiece of Gothic art, known for its 6,500 m2 of stained-glass windows created by artists such as Chagall, Villon or Kimsooja. Take the time to see the many details of these old and newer stained-glass works and be amazed by their dazzling colours.

A QUICK 1-HOUR GUIDED TOUR OF THE COUR D'OR - METZ EUROMETROPOLE MUSEUM.

Our favourites: the Gallo-Roman treasures, the medieval painted ceilings illustrating fascinating hybrid creatures, the new Renaissance room, the 19th-century School of Metz artworks ... And from Autumn 2025, visitors will be able to explore the Biodiversity Pavilion. This museum is packed full of masterpieces, so don't hang about!

DISCOVERING THE MEDIEVAL QUARTER ...

Explore the Sainte-Croix hill, cradle of Metz and the medieval bourgeois town with the Cloître des Récollets – Urban Ecology Centre; the former home of Rabelais; Place Saint-Louis, home to the money-changers under the arcades; and Rue Taison with its village-like atmosphere, where the dragon Graoully lives!

AND THE PORTE DES ALLEMANDS.

Extend your walk by continuing on to the Porte des Allemands, a little fortress in the medieval Outre-Seille district.

17h00

HEAD TO THE BANKS OF THE MOSELLE.

A pleasant walk will lead you to the Quai des Régates, passing by the Place de la Comédie with the Opéra-Théâtre opera house (1732, the oldest in France still in operation today) and the Temple Neuf (1904, built for Guillaume II).

17h30

APERITIF TOUR ON AN ELECTRO-SOLAR BOAT.

Enjoy a moment of calm surrounded by nature on the Moselle, admire the city's heritage from a new perspective and try a Moselle AOC* wine produced on the hillsides of the Pays Messn in the good company of the boat's captain who will reveal all the secrets of the Metz Eurometropole!

20h00

REGIONAL DINNER.

Enjoy regional dishes in a Metz restaurant.

Day 2

09h00

TOUR OF THE IMPÉRIAL DISTRICT AND THE METZ TRAIN STATION.

This district, born under German occupation, comes to life in a blend of styles and colours, mixing functionality, modernity and aesthetics. Completed in the interwar period, this district embodies a fascinating dialogue between tradition and innovation, to be discovered as you explore its fabulous avenues and picturesque little corners. Did you know? The Metz train station has been voted France's most beautiful station three times by internet users.

10h00

HEAD TO THE BOTANICAL GARDENS.

Grab a Le MET' bike to set off for this enchanting site. Stroll through the greenhouses, renovated and opened to the public in 2024, admire the remarkable trees and make your way through this picturesque English-style garden.

11h30

RETURN TO METZ TO VISIT THE CENTRE POMPIDOU-METZ.

This building, with its curious roof in the shape of a Chinese hat, created by architects Shigeru Ban and Jean de Gastines, presents works of modern and contemporary art. There, you'll discover some dynamic, varied and sensational exhibitions sure to pique your curiosity! Free access with your City Pass Metz.

13h00

FREE TIME FOR LUNCH IN THE IMPERIAL QUARTER.

14h00

JUST ENOUGH TIME FOR A SHOPPING BREAK, AND IT'S ALREADY TIME TO HEAD HOME.

End of itinerary.

15h00

SEE YOU SOON!

Return by TGV train, in just 85 minutes if you're coming from Paris.

We have a host of ideas to extend your stay on the hillsides, on the banks of the Moselle or in the wine-growing villages ...

^{*} Alcohol abuse is dangerous for your health. To be consumed in moderation.



KEY FIGURES FOR 2024

Agence Inspire Metz – Tourist Office

125,932 visitors (eco-counter)

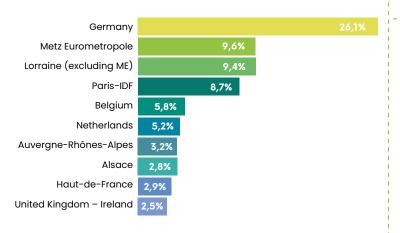
1,186 sales of City Passes

1,097,205 overnight stays in the Metz Eurometropole

(source: tourist-tax platform data,

11.02.2025)

Breakdown of the top 10 customer groups of the Inspire Metz agency – Tourist Office



Accommodation infrastructure – Metz

Metz hotels

25 establishments - 1,594 rooms

5x4 star - **462** rooms

12x3 star - **680** rooms

3x2 star - 150 rooms

5 non classified - 396 rooms

Metz Marina

Blue Flag - **55** berths

Outdoor accommodation

13-star Metz municipal campsite & 1 camper-van park

Shared accommodation

2 youth hostels

(Sitlor data – January 2025)

Tourist sites

308,438 visitors to the Centre Pompidou-Metz

(+2.3% compared with 2023)

83,442 visitors to the Cour d'Or - Metz

Eurometropole museum (80,767 in 2023)

47.678 visitors to the Porte des Allemands (open

all year round)

40,821 visitors to Les Trinitaires Church (open from

mid-March to mid-November, including

visitors during the Constellations)

43,628 visitors to the Saint-Vincent Basilica

(open from March to September)

810,451 visitors to Saint Étienne's Cathedral

(+11.56%)

+500,000 visitors to the Botanical Gardens

Accommodation infrastructure – Metz Eurometropole (including Metz)

Hotels in the Metz Eurometropole

35 establishments - **2211** rooms

6x4 star - **475** rooms

16x3 star - **926** rooms

8x2 star - 508 rooms

5 non classified - 396 rooms

Camper vans

1 camper-van park at Scy-Chazelles

Bed and Breakfast

20 facilities (**7** facilities in Metz). Please note: **4** unusual bed and breakfasts (barges in Metz).

Port Robert Schuman in Scy-Chazelles

180 berths

(Sitlor data – January 2025)

Catering infrastructure – Metz Eurometropole (including Metz)

200 Restaurants

(Sitlor data - January 2025)



Rankings and labels awarded to the city of Metz



In October 2019, Metz was awarded the UNESCO Creative City label in the Music category.



Metz has been awarded the **French Tech** label and the **French Tech East Capital** since April 2019.

















Metz is twinned with Luxembourg, Trier, Gloucester, Hradec Králové, Nankin, Karmiel and Chernivtsi. Ville Amie des Aînés (senior-friendly), platinum level.

Certifications and labels obtained by Inspire Metz – Tourist Office Classified in category 1













Accueil Vélo is a national label that guarantees a high-quality welcome and services for cyclists along cycle routes.

Further information: www.francevelotourisme.com

Metz Eurometropole labels and networks

The Eurometropole has been awarded:







Tourism Department

Valentine Vernier vvernier@inspire-metz.com + 33 (0)3 87 39 01 07 + 33 (0)6 32 89 05 95

Communication Department

Marina Lallement-Wagner mlallement@inspire-metz.com

tourisme-metz.com inspire-metz.com







